

2011 Springboard Workshops Waterman Gardens Housing Community 425 Crestview Avenue, San Bernardino CA



Building Communities, Changing Lives

2011 Springboard Workshop Schedule

Begin Your Journey to Financial Freedom | We'll Help You Get There!

Workshop Title	Date	Time
Shopping Savvy Workshop	February 8, 2011	11:00 am
Grocery Market Makeover	March 15, 2011	10:00 am
Money Personality	April 14, 2011	11:00 am
Payday Advance Loans/Predatory Lending	May 10, 2011	11:00 am
Shopping Savvy Workshop	June 15, 2011	10:00 am
Money Personality	July 13, 2011	10:00 am
Grocery Market Makeover	August 30, 2011	11:00 am
Payday Advance Loans/Predatory Lending	September 28, 2011	10:00 am
Identity Theft Awareness	October 11, 2011	11:00 am
Surviving the Holidays	November 8, 2011	10:00 am
Surviving the Holidays	December 8, 2011	11:00 am

These workshops are designed to assist you toward greater financial freedom. All workshops are free and open to everyone.

Workshops are one hour or less. Waterman Garden residents can receive three hours credit towards community service hours for attending. Resident must be present for entire workshop to obtain these community service hours. Instructor will sign community service forms at the end of the workshop.

All workshops will be held in the conference room located in the Management office located at, 425 Crestview Avenue, San Bernardino, CA. Please call Estella Nuñez, Resident Service Coordinator at (909) 885-1593 ext. 223 if you have any questions or if you wish to sign up. Walk ins are welcome but we suggest you call in to sign up early so the instructor will be prepared to accommodate all participants.



Online Financial Literacy Workshop

Springboard now provides an online budgeting workshop. A financial educator will show you the steps to take to take control of your finances. This is a free one hour class. Walk ins are welcome, but due to the limited seating we suggest you RSVP.

If you have questions or you wish to RSVP, call Yanely Palma, Lab Technician, at 909-885-1593 ext. 223.

Workshop is held at the Neighborhood Network Center located at 425 Crestview Avenue, San Bernardino, CA

Workshop Date	Time
February 24, 2011	1:00 pm
March 30, 2011	10:00 am
April 28, 2011	1:00 pm
May 26, 2011	10:00 am
June 30, 2011	1:00 pm
July 28, 2011	10:00 am
August 18, 2011	1:00 pm
September 15, 2011	10:00 am
October 20, 2011	1:00 pm



Money Personality

We will explore money attitudes, expectations of money, emotions that money can evoke and emotions that impact one's spending behavior.

This workshop will show you that you can change your money personality through self-awareness and that money should not be linked to self-worth.

Surviving the Holidays

As you go through the holiday season, there may be some valid reason you feel "blue" this time of year. These points may help explain why you may not be in the holiday mood.

- Your childhood memories of the season remember it as more "fun." You didn't realize just how much preparation was involved.
- High hopes and expectations.
- You are pressured to BUY?
- Relationships may be strained
- Away from your family.
- Outlook changed.

These tips and more can affect you during the holiday season. Springboard can help you!

Payday Advance

Loans/Predatory Lending

This workshop will help you identify dishonest lenders and learn to budget during a financial crisis.

Identity Theft Awareness

Identity theft has been the fastest growing crime in the United States with over nine million victims annually in 2005 and 2006. That's one out of 23 Americans. Victims are harassed by debt collectors for debts that are not theirs.

Shopping Savvy

Know that a smart shopper gets what they want at the best price while staying within their spending limit. Understand the difference between needs and wants. Become aware of the emotional impact of advertisements. Understand the importance of reading the fine print on advertisements and product packaging. Implement comparison shopping techniques. Learn how to make an effective consumer complaint. Understand their consumer rights. Know at least five money saving shopping strategies.

Grocery Market Makeover

Learn to read and compare food ingredient and nutrition facts labels. Identify unit pricing as a tool to help determine the best food buys in the grocery store. Discuss how wise food shopping can save money. Identify ways to cut food costs when eating out or at home.

Online Budgeting Workshop

The Power of Paycheck Planning is a lesson in basic budgeting, that many of us feel we may already know, but could use a refresher in. We find that many of our clients like to return to this seminar periodically to brush up on their budgeting skills.

Springboard is a nonprofit consumer credit management organization formed in 1974. They are committed to improve the lives and financial well-being of individuals and families by providing quality financial education and counseling. Springboard is accredited by the Council on Accreditation, signifying the highest standards for agency governance, fiscal integrity, counselor certification and service delivery policies.



HOUSING AUTHORITY OF THE
COUNTY OF SAN BERNARDINO

OUR MISSION

The Housing Authority of the County of San Bernardino empowers all individuals and families in need to achieve an enriched quality of life by providing housing opportunities and resources throughout San Bernardino County.

FOR MORE INFORMATION

For more information please contact:
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